

EM Arrays Quick Reference

- Blood Array: red blood cells, white blood cells, plasma, platelets
- Blood Vessel Array: all blood vessels of the body including arteries, arterioles, veins, venules, and capillaries
- Bone Array: all bones of the body
- Capillary Array: capillaries, capillary tissue depth, and a special organ of the body associated with all capillaries
- Cartilage Array: all cartilage of the body
- Ear Array: outer ear, inner ear, middle ear, eustachian tube
- Eye Array: eyeball, eyelids, tear glands of the eyes and their respective ducts, duct between the eyes and sinuses, and bone and cartilage of the eye orbit
- GI Tract: mouth, esophagus, stomach organ, gallbladder, pancreas, small intestine, large intestine and all inherent sphincters of the GI tract
- Gland Array: every gland in the body (with the exception of lymphatic glands which are part of the Lymph Array)
- Infection Zone Array: mouth, nose, sinuses, uvula and tissues lateral to it, upper respiratory tract, throat, ear array, eye array, and skin
- Lung Organ Array: bronchi and alveoli of the lung organs
- Lymph Array: lymphatic vessels and lymphatic glands (including tonsils)
- Mouth Array: lips, teeth, gums, jaw, tongue, hard palate, soft palate, tissue lower mouth, salivary glands, inside parts of cheeks, the uvula, and the tissues lateral to the uvula
- Mucus Array: mucosa and submucosa anywhere in the body
- Nasopharynx Array: upper nasopharynx and lower nasopharynx
- Nerve Array: all nerves of the body including autonomic nervous system, vagus nerve, interior and exterior sensing nerves
- Sinus Array: front upper and lower sinuses, posterior sinuses, and the chamber connecting the front and back sinuses (also known in EM as the “Sinus Chamber”)
- Reproductive Array: for women includes ovaries, fallopian tubes, uterus, vagina, clitoris and labia and for men includes the testicles, vas deferens, prostate, penis and head of penis
- Shoulder Array: all tissues that connect at the shoulders
- Skin Array: epidermis, dermis, capillary tissue depth and flesh tissue depth
- Soft Tissue Array: muscles, tendons, and ligaments
- Soft Tissue Boundary Array: boundary tissue externally surrounding and internally dividing elements of muscles, tendons, and ligaments
- Sphincter Array: every sphincter in the body
- Upper Respiratory Tract: nose, upper and lower nasopharynx, larynx, pharynx, trachea, and vocal chords
- Urinary Tract: kidney organs, ureters, bladder, urethra

Simple Treatment Strategies

- **Acute trauma:** clear swelling and inflammation from the area, treat pain as necessary
- **Acute trauma deep enough to impact bone:** clear swelling and inflammation, clear bone chips and treat broken bones, treat pain as necessary
- **Arthritis:** attack fungus in bones, treat broken bones, clear bone and cartilage chips, attack EM Pathogen MRSA anywhere in the body but especially at joints and in cartilage
- **Burns:** use the burn treatment, heal wounds, support skin health
- **Cold hands/feet:** improve circulation throughout the body and locally as well
- **Fatigue:** balance Yin/Yang, attack pathogens where relevant, attack fungus system wide, clear emotional fatigue, clear stress hormone histio quisquiliae
- **Infection:** attack pathogens in the area of the infection, treat the pathogen toxins produced by these, try to identify the specific infector using diagnosis to have a faster impact
- **Muscle pain:** balance muscle tissue, balance Yin/Yang in muscle, improve circulation, tighten stretched muscles/tendons/ligaments, relax nerves, treat any swelling and any inflammation (including nerve inflammation) in the muscles
- **Rash:** attack pathogens and promote skin health
- **Wounds:** clear swelling and inflammation in the area and stimulate wound healing

EM Level 2 Treatment Tools

- EM Allergy Tx – for allergies
- EM Anger Tx – to reduce anger flare ups or shorten them
- EM Appetite Control Tx – reduce appetite and cravings
- EM Arthritis Tx – reduce arthritis pain
- EM Arsenic Detox Tx – purge arsenic from the body
- EM Balance Heaven Man And Earth Tx – facilitate Yin/Yang/Qi balance
- EM Balance Meridians Tx – balances energy in energy channels
- EM Balance Yin and Yang – balances Yin/Yang imbalances
- EM Blood Vessel Plaque Tx – help clear plaque from vessels
- EM Blood Sugar Support Tx – to stabilize blood sugar
- EM Blood Stagnation Tx – clears blood stagnation
- EM Bone Spur Tx – dissolves bone spurs
- EM Broken Bones Tx – speeds up bone healing
- EM Burn Tx – heals burned tissues including radiation burns
- EM Candida Tx – clears pathogen associated with candida
- EM Cavity Tx – helps heal cavities
- EM Cell Stagnation Tx – removes stagnant platelets
- EM Chromium 6 Detox Tx – purges chromium 6 from the body
- EM Circulation Tx – improves circulation
- EM Clear Histio Anesthesia Tx – clears anesthesia and helps reduce neuropathies
- EM Clear Histio Bone Chips – clears errant chips of bone
- EM Clear Histio Cartilage Chips – clears errant chips of cartilage
- EM Common Cold Tx – attacks pathogens causing congestion
- EM Complete Detox Tx – detoxes many environmental and dietary toxins
- EM Complete Hormone Balance Tx – full body hormone balance
- EM Constipation Tx – helps move the bowels
- EM Cough Tx – reduces or stops coughing
- EM Depressed Tx – raises the mood and fights depression
- EM Diarrhea Tx – helps to reduce or stop diarrhea
- EM Dioxin Detox Tx – purges dioxin from the body
- EM Eczema Tx – reduces eczematic conditions
- EM Edema Tx – helps to reduce and/or clear edema
- EM Emotional Fatigue Tx – for emotional fatigue and burnout
- EM Energy Tx – improves energy
- EM Flu Tx – for head and stomach flu-like symptoms
- EM Fissures Tx – heals fissures (not limited to anal fissures)
- EM Foggyheadedness Tx – clears a foggy head

- EM Food Poisoning Tx – attacks common food pathogens
- EM Freckles Tx – lightens and reduces freckles
- EM Fungus Tx – attacks damp pathogens in body
- EM Hemorrhoids Tx – for internal and external hemorrhoids
- EM Hope Tx – instills a greater sense of hope
- EM Inflammation Tx – clears inflammation
- EM Lead Detox Tx – purges lead from the body
- EM Memory Tx – supports short term memory
- EM Mercury Detox Tx – purges mercury from the body
- EM MRSA Tx – attacks pathogens associated with MRSA
- EM Pain Tx – for symptomatic treatment of pain
- EM Pathogen Tx – attacks pathogens of many different types
- EM Pathogen Toxins Tx – clears pathogen toxins
- EM Peace Tx – generates feelings of peacefulness
- EM Poison Ivy Tx – reduces current and future outbreaks
- EM Rash Tx – vents rashes to skin surface to clear them
- EM Relax Tx – for stress relief and relaxation
- EM Reset Emotions Tx – resets the current emotional state
- EM Restore Me Array Tx – resets your energy after you treat others
- EM Sinus Tx – for sinus congestion, pain, infection and rhinitis
- EM Sphincterrhoids Tx – for “hemorrhoids” in sphincters internal to the body
- EM Strep Tx – attacks pathogens associated with strep
- EM Stress Hormones Tx – reduces hormones promoting stress
- EM Swelling Tx – clears swelling
- EM Tighten Tissues Tx – tightens too loose and loosens too tight tissues
- EM Tissue Tx – balances Tissue-Angles
- EM Wounds Tx – speeds up the healing of wounds
- Send EM Tx – treats any health issue

EM Ethics

- You must never purposefully cause harm to a patient through direct and purposeful acts
- It is unacceptable to ridicule or manipulate a patient into acting outside of his or her comfort zone. This is called coercion and is unacceptable
- You must keep your EM findings confidential with your patient unless the patient provides explicit permission to share it with others
- You must never treat patients with EM Treatments that are above your EM Level or with Treatments for which you have no prior understanding and/or training
- You must perform your healing art to the best of your abilities for each and every patient regardless of their race and/or ethnicity, their sexual orientation, and any pre-existing personal history you might happen to have with the patient
- You are precluded from offering any advice of a Western medical nature, including but not limited to advice about medications, unless you also have a medical license
- You must follow all contraindications
- You should never treat a pregnant patient as a Lay Practitioner
- You must never treat babies in utero
- If a patient experiences a medical emergency, you are obligated to perform CPR and/or contact emergency services first before you send any EM treatments and you must make sure the patient is kept safe until he/she is taken into the care of emergency services
- During a medical emergency you must not use EM at all with extremely frail patients

EM Kinesthetic Diagnosis

1. First, take your baseline (feel the pressures, subtle sensations, and temperature of your body before you make your diagnostic request)
2. Start with the phrase “With EM, please show me”
3. Next add the search parameter you are looking for
4. Make to sure to include the name of the person you are diagnosing and his or her association to you
5. End with “Thank you” *instead* of “authen”

For your baseline, take three deep abdominal breaths.

The “search parameter” can be looking for any kind of problem in the body, though you are restricted in EM Level 2 from diagnosing anything possibly terminal in a patient.

EM Level 2 Treatments

1. Say “apply” or “download” or “send” or any other synonym for these words
2. the name of the EM Treatment to be sent
3. Say “to” and name the recipient and his/her relationship to you. If this treatment has been tied to a diagnostic request, you do not need to reiterate the recipient as it will already be clear to Universal Qi
4. optional: specify the location of the body, energy anatomy, or array to treat (if not indicated, the entire body will be treated by default)
5. The term: “Authenticated” at the end of the phrase launches the EM Event

An example of a treatment is:

“Please apply the EM Tissue Treatment to my eyeballs. Authen.”

EM Diagnosis Practice Sheet

With EM, please show me my lung organs, thank you.
With EM, please show me my cardiac heart, thank you.
With EM, please show me my stomach organ, thank you.
With EM, please show me my small intestines organ, thank you.
With EM, please show me my liver organ, thank you.
With EM, please show me my spleen organ, thank you.
With EM, please show me my large intestines organ, thank you.

Universal Qi, my partner for today is _____partner's name_____, thank you.

Pathogens

With EM, please show me all species of fungus in my partner, thank you.
With EM, please show me all species of Aspirgillis in my partner, thank you.
With EM, please show me all species of Candida in my partner, thank you.
With EM, please show me all species of Stachybotrys in my partner, thank you.
With EM, please show me all species of Streptococcus in my partner, thank you.

Toxins

With EM, please show me all mercury in my partner, thank you.
With EM, please show me all lead in my partner, thank you.
With EM, please show me all arsenic in my partner, thank you.
With EM, please show me all Chromium 6 in my partner, thank you.
With EM, please show me all pathogen toxins from species of fungus in my partner, thank you.

Causes of Pain

With EM, please show me all EM Inflammation in my partner, thank you.
With EM, please show me all swelling in my partner, thank you.
With EM, please show me all edema in my partner, thank you.
With EM, please show me all EM Tighten Tissue Arrays in my partner, thank you.
With EM, please show me all fissures in my partner, thank you.